



## ***INVITATION***

*Dear colleagues,*

*We're pleased to invite you to the Third Rhythmic Gymnastics Tournament „Constellations of Beauty“, which will take place from the 21<sup>st</sup> to the 24<sup>th</sup> of March 2024, in Sofia, Bulgaria. The event will conclude with a Masterclass led by Anna Rizatdinova, the Rio 2016 Olympic bronze medalist, on the last day of the competition. We look forward to your participation.*

*Organizing club: RGSC “LOKOMOTIV”- Sofia*

*Competition venue: Sports hall “Sofia”- Sofia, Borisova Gradina park 113, Bulgaria*

***Delegation: coach, judge /mandatory/ and an unlimited number of gymnasts from one club***

***Disciplines and right of participation:***

- ❖ *Individual competition in different age groups and categories*
- ❖ *Group competition in different age groups and categories*

***Ranking and Prizes:***

***Individual All-Around:***

***1-3 place – prize cups, medals, and diplomas***

***4-8 place – diplomas***

***Group All-Around:***

***1-3 place – prize cups, medals, and diplomas***

***4-8 place – diplomas***

***In addition, all participants, coaches, and judges will receive gifts from our sponsors.***

***Special prizes:***

❖ ***Miss Constellation of Beauty***

- ❖ ***Swan Constellation***      ***/most graceful gymnast/***
- ❖ ***Galactic leap***      ***/most perfect leap/***
- ❖ ***Saturn's pirouette***      ***/a pirouette with min. 3 rotations/***
- ❖ ***Lyra Constellation***      ***/most musical routine/***
- ❖ ***Cosmic balance***      ***/combined balances body difficulty/***

***and others.***

### **Entry fees:**

- ❖ **55 EUR per individual gymnast**
- ❖ **45 EUR per group gymnast**
- ❖ **60 EUR per gymnast participating in both disciplines (individual and group)**
- ❖ **Should the club be unable to register and bring a judge, an additional fee of 100EUR is required**
- ❖ **All travel, accommodation, and meal expenses are covered by the participating clubs.**
- ❖ **Registered gymnasts, who for some reason end up not participating after the payment has been made, will still receive a gift.**

**The entry fee must be paid via bank transfer along with the provisional registration by the 22<sup>nd</sup> of February 2024.**

### **Bank account of the organizing club:**

**SKHG "Lokomotiv",**

**FIBANK**

**IBAN: BG42FINV91501216121641**

**BIC: FINVBGSF**

### **Registration and deadlines:**

**Provisional registration – by the 22<sup>nd</sup> of February 2024 at the latest.**

**Nominative registration – by the 10<sup>th</sup> of March 2024 at the latest.**

**Provisional and nominative registration must be sent to: [velkova91@abv.bg](mailto:velkova91@abv.bg)**

**Music files must be sent by the 15<sup>th</sup> of March**

**2024 at the latest to: [djdimmy@yahoo.com](mailto:djdimmy@yahoo.com)**

Registration for the Masterclass can be made at the following link by the 22<sup>nd</sup> of February 2024 at the latest:

[https://docs.google.com/forms/d/e/1FAIpQLSeo40jGqTYRM0EpRDxVGMwJvbjCn5G1Voqfynqnd82TSS6qjg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeo40jGqTYRM0EpRDxVGMwJvbjCn5G1Voqfynqnd82TSS6qjg/viewform?usp=sf_link)

Kindly note:

- We kindly ask you to keep the registration deadlines to maintain a better organizational process
- A detailed schedule will be made available after the registration deadlines

Contact persons:

Katrin Velkova +359897060810, Mariya Cherneva +359885570709

## Technical Regulations

### Individual exercises

<b>Age group</b>	<b>Category</b>	
	<b>Debut</b>	
<b>Born in 2019</b>	<b>Without apparatus</b>	
<b>Born in 2018</b>	<b>W.A.</b>	
<b>Born in 2017</b>	<b>W.A.</b>	

<b>Age group</b>	<b>Category</b> <b>"Constellation"</b>	<b>Category</b> <b>A</b>	<b>Category</b> <b>B</b>
<b>Mini</b> <b>Born in 2016.</b>	1. W.A. 2. Apparatus by choice  /rope, hoop, ball/	1. Apparatus by choice  /W.A., rope, hoop, ball/	1. Apparatus by choice  /W.A., rope, hoop, ball/
<b>Mini under 9</b> <b>Born in 2015</b>	1. W.A. 2. Apparatus by choice  /rope, hoop, ball/	1. W.A. 2. Apparatus by choice  /rope, hoop, ball/	1. Apparatus by choice  /W.A., rope/
<b>Pre-juniors under 11</b> <b>Born in 2014</b>	1. W.A. 2. Apparatus by choice 3. Apparatus by choice  /rope, hoop, ball/	1. W.A. 2. Apparatus by choice  /rope, hoop, ball/	1. W.A.  /W.A., rope/
<b>Pre-juniors under 11</b> <b>Born in 2013</b>	1. W.A. 2. Apparatus by choice 3. Apparatus by choice  /rope, hoop, ball, clubs, ribbon/	1. W.A. 2. Apparatus by choice  /rope, hoop, ball/	1. W.A.  /W.A., rope/

<p><b>Pre-juniors</b> <b>2012, 2011</b></p>	<p><b>1. 3 apparatuses by choice</b></p> <p><i>/hoop, ball, clubs, ribbon/</i></p>	<p><b>1. 2 apparatuses by choice</b></p> <p><i>/hoop, ball, clubs , ribbon/</i></p>	<p><b>1. Apparatus by choice</b></p> <p><i>/W.A., ball /</i></p>
<p><b>Juniors</b> <b>2010, 2009</b></p>	<p><b>1. 3 apparatuses by choice</b></p> <p><i>/hoop, ball, clubs, ribbon/</i></p>	<p><b>1. 2 apparatuses by choice</b></p> <p><i>/hoop, ball, clubs ribbon/</i></p>	<p><b>1. Apparatus by choice</b></p> <p><i>/hoop, ribbon /</i></p>
<p><b>Seniors</b></p>	<p><b>1. 3 apparatuses by choice</b></p> <p><i>/hoop, ball, clubs, ribbon/</i></p>	<p><b>1. 3 apparatuses by choice</b></p> <p><i>/hoop, ball, clubs, ribbon/</i></p>	<p><b>1. Apparatus by choice</b></p> <p><i>/ball, clubs/</i></p>

## TECHNICAL REGULATIONS

### *Group exercises*

<i>Age group</i>	<i>Category</i> <i>“Constellations”</i>	<i>Category</i> <i>A</i>	<i>Category</i> <i>B</i>
<i>Mini</i> <i>Born in 2016,</i> <i>2017, and</i> <i>younger</i>		<i>1. W.A.</i>	<i>1. W.A.</i>

<i>Pre-juniors</i> <i>under 9</i>  <i>2015</i>	<i>1. W.A.</i>  <i>2. Balls</i>	<i>1. Apparatus by</i> <i>choice</i>  <i>/W.A., balls/</i>	<i>1. Hoops</i>
<i>Pre-juniors</i> <i>under 11</i>  <i>2014, 2013</i>	<i>1. W.A.</i>  <i>2. Balls</i>	<i>1. Apparatus by</i> <i>choice</i>  <i>/W.A., balls/</i>	<i>1. Hoops</i>
<i>Pre-juniors</i>  <i>2012, 2011</i>	<i>1. Ribbons</i>	<i>1. Ribbons</i>	<i>1. Hoops</i>
<i>Juniors</i>  <i>2010, 2009</i>	<i>1. Hoops</i>	<i>1. Hoops</i>	<i>1. Hoops</i>
<i>Seniors</i>	<i>1. Hoops</i>	<i>1. Hoops</i>	<i>1. Clubs</i>